

WHEN WILL YOU MAKE THE BEST DECISION FOR YOUR HEALTH?

INDIVIDUAL OR FAMILY? ACTIVE OR RELAXED? WHATEVER YOU LOVE, WE CAN OFFER YOU A WHOLE HOST OF BENEFITS.

BENEFITS FOR YOUNG FAMILIES WORTH UP TO:



180 €

Virtual midwifery services

With Kinderheldin you can benefit from the care and advice of trained midwives from pregnancy right up to your child's first birthday.

100%

Professional dental cleaning

Pregnant women are reimbursed for a one-off professional dental cleaning session.

100 €

Supplementary benefits during pregnancy

Budget for supplementary care services during pregnancy, e.g. toxoplasmosis test.

100 €

Midwife on-call service

If you use the support of a freelance midwife during the birth.

150 €

Additional check-ups

Children can undergo the U10 (7-8 years), U11 (9-10 years) and J2 (adolescents up to the age of 16) check-ups.

100 €

Birth preparation for partners

Are you pregnant and insured with HEK? Great, then we contribute to the cost of a birth preparation course for your partner.

PREVENTATIVE BENEFITS WORTH UP TO:



125 €

HPV vaccination

HEK policyholders can be vaccinated against HPV without any age restrictions.

115 €

Meningococcal vaccination

We reimburse the costs of the meningococcal vaccination, without age restrictions and above the suggested official vaccination age limit.

175 €

Shingles

Our policy covers vaccinations for all persons aged 60 or above. We do not implement any age restrictions.

1.320 €

Travel vaccinations

We reimburse the cost of travel vaccinations for all vaccines approved in Germany.

20 €

Flu vaccination

The annual flu vaccination is a classic amongst protective immunisations.

100 €

Health check-up

The sooner you attend regular check-ups with a doctor, the better. That is why we support our policyholders with an annual health check-up.

BENEFITS FOR THE HEALTH-CONSCIOUS WORTH UP TO:



500 €

Health courses

Up to two courses per year, each with a value of up to 250 euros, e.g. yoga, back training, or pilates.

300 €

Bonus programme *

Earmarked bonus payment as a subsidy for the cost of new personal insurance.

120 €

Fitness check

We undergo a sports medical examination. Every two years.

775 €

Homeopathy

We support you with homeopathic treatments - with no advance payments - just show your health card.

90 €

Osteopathy

Up to three treatment sessions of 30 euros each per calendar year.

35 €

Skin cancer screening

We cover the costs of skin cancer screening, including reflected light microscopy, for insured persons aged 18 and upwards.

100 €

Breast cancer care

You receive an annual contribution to the cost of a mammogram or Sono-Check. Without age restrictions.

600 €

HEKeasycash optional tariff

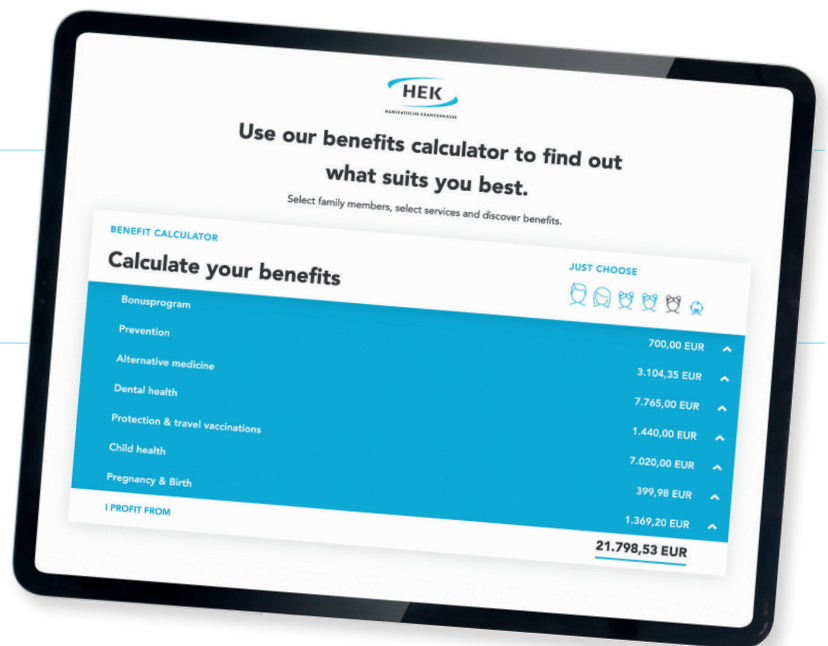
The cashback tariff for all policyholders who do not claim any benefits apart from preventative services.

* Details of the bonus programme can be found in the HEK Bonus Vorsorge^{plus} leaflet



BENEFIT CALCULATOR

Discover even more benefits! Simply scan the QR code to find out more.



COMPREHENSIVE SERVICE INCLUDED



We look after your health ...

Specialist appointment service, 24-hour health advice from doctors and medical specialists, cooperation with exclusive facilities, second opinions and dental prostheses at zero cost, special programme for treating chronic illnesses, and much more.



... and make it easy for you

The HEK Service app offers a multitude of functions to deal with your concerns - meaning less paperwork and more time for you. And with smarthealth - the medical record in the app - you always have all of your medical data to hand, anytime, anywhere.